



BABYSITTER BASICS

Things you need to know about our home & family in one easy place

WELCOME TO OUR HOME!

Address

Parents' names

Phone # call text

Phone # call text

Kids' names / ages

Pets' names

Emergency contact

WHERE we'll be

WHEN we'll be home

🛏 ONCE THE KIDS GO TO BED

WiFi

Are friends allowed over? yes no

Other expectations

🍷 FOOD & DRINKS

Mealtime

Feed them

Snacks? yes no If so...

No food or drinks after

Food allergies

Help yourself to

Other info

🛁 BATH & BEDTIME

Bath time

Bath time routine

Nap time am pm

Bedtime am pm

Sleep routine

Other info

📺 SCREEN TIME

How to use our TV

Screen time limit

Other info

! EMERGENCY

In case of an emergency, dial **911**

Poison control **800.222.1222**

Pediatrician info

Insurance holder

Insurance policy #

Thermometer/ medicine located

First aid kit located

Other info

♥ THANKS FOR BABYSITTING!

